

#thebestschoolinrotherhamandindeedtheworld

# Mental Health and Wellbeing Offer

At Thorpe Hesley Primary School we have a strong commitment from SLT, staff and governors to promote the mental health and wellbeing of all stakeholders.

## FAMILIES

Parental engagement – open door policy

Effective relationships

Access to policies

PTA

Range of communication – twitter, website, email

Signposting to relevant services – GP, groups, support services, Samaritans, MIND, With Me In Mind.

Parent workshops and stay and learns



## CHILDREN

Inclusive approach – each child treated as an individual

Broad and balanced curriculum

Staff who smile, listen and respond

Effective pastoral team offering a vast array of programmes

Mindfulness practices

Positive feedback and marking

Daily mile

Celebration tree

Worry box

Special assembly, star of the week, birthday, class point and attendance

Tinkerbell Toms and Governors Awards

School council

Attendance monitoring and procedures

Referrals made to external agencies – CAHMS, Early Help, school nurse

Event Days – Anti-bullying, CIN, Eid

My Happy Mind pastoral support for children.

## PROCEDURE

If a member of staff is concerned about the mental health and wellbeing of a pupil they should notify a member of the pastoral team through cpoms.

If there is a concern that the pupil is high risk or in danger of immediate harm then the child protection procedure should be followed and the designated safeguarding lead be notified.

If the child presents a high risk medical emergency, relevant procedures should be followed, including involving the emergency services if necessary.

## STAFF

Stable staffing profile

Activities to inspire wellbeing - lucky lottery, secret buddy, you've been mugged.

Teacher Awards voted for by children

Self-care; personal responsibility is encouraged

Access to coaching, counselling and mentoring

Strong friendships encouraged

Tolerance, openness and trust is established

On site mental health first aid trained staff