<u>Year 6</u>

Internet safety and harms suggested lesson

<u>Learning statement</u> - Why social media, some computer games and online gaming, for example, are age restricted.

<u>Lesson and activity</u> - Using the link below, children are to watch a film trailer and correctly identify it's age classification, giving a full reason. Use the bbfc website for guidance and support.

https://www.bbfc.co.uk/node/615190



Online relationships suggested lesson

<u>Learning statement</u> - How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.

<u>Lesson and activity</u> - In small groups or pairs, children to arrange the cards into 3 piles, agree, disagree and unsure.

After the children have had an opportunity to discuss the card sorting activity, explain that they are going to think about scenarios where communication between friends has gone wrong or broken down. Mention that it's not uncommon for friends to have a problem, but that a lack of communication can make the problem become worse, especially online.

It is easier to talk to people online about things that you might be too shy to say to people face-to-face.	If you need information or advice, there are a lot more people online who might be able to help you.
Nobody knows who you are in an online forum so you can say whatever you like.	You can have fun meeting people online.
You could be doing something else at the same time as talking to someone online.	Sometimes it is easier to write something down than it is to say it out loud.
If you're really into something (e.g. a game), you can find lots of people online who are into the same thing.	You can be your real self online.
Someone may not be who they say they are.	You can speak privately.
You can have multiple conversations with different people or groups of people all at once.	It's not as easy to share some types of experiences with friends online, such as swimming, ice-skating, or going for a bike ride.
You can talk to someone whenever you like, any time of day or night.	

Consider:-

- 1. What has caused the issue?
- 2. What made the issue worse?
- 3. How are the characters feeling?
- 4. What could have stopped the issue arising in the first place?
- 5. What would help solve the issue? What would make it worse?

Changing adolescent body suggested lesson

<u>Learning statement</u> - key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes

Lesson and activity - Watch Public Health England short film regarding transition to secondary school. https://riseabove.org.uk/article/lets-talk-about-change/

Questions for discussion:

What will the similarities be between primary school and secondary school? What will the differences be between primary school and secondary school? What are the most important things a Year 6 pupil needs to know about secondary school? (e.g. structure of the day, how many teachers they will have, how many people in a class, etc).

Use flip chart in groups to talk and record, then share thoughta woth the whole class.

Consider what the children are looking forward to at secondary school.

The Department for Education have released a sample mental health lesson for Year 6, if you wish to view this, please use the link below

https://watch.cloudflarestream.com/0b4ca79dcc50ffc773d993c23ee38185



