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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Nursery**  Including Health and FMS | Movement / dance | Gymnastics | Movement /Dance | Gymnastics | Games / skills | Games / skills |
| **Reception**  Including Health and FMS | Gymnastics | Dance | Gymnastics (small apparatus) | Dance  Gymnastics (large apparatus) | Athletics, skills and games | Athletics, skills and games |
| **Year 1** | Gymnastics  Invasion games | Dance  Net and wall games | Gymnastics  Invasion games | Dance  Net and wall games | Athletics  Target Games | Ahtletics  Striking and fielding games |
| **Year 2** | Gymnastics  Invasion games | Dance  Net and wall games | Gymnastics  Invasion games | Dance  Net and wall games | Athletics  Target Games | Ahtletics  Striking and fielding games |
| **Year 3** | Invasion games  Gymnastics | Invasion games  Net and Wall games | Gymnastics  Net and Wall games | Dance  OAA | Athletics  Dance / Swimming | Athletics  Target games |
| **Year 4** | OAA  Gymnastics | Invasion games  Net and Wall games | Gymnastics  Net and Wall games | Dance  Invasion games | Athletics  Dance / Swimming | Athletics  Striking and fielding/Swimming |
| **Year 5** | Net and Wall games  Invasion games | Dance  Gymnastics | Gymnastics  Nat and wall games | Dance  Invasion games | OAA  Striking and fielding games | Atheltics  Target games |
| **Year 6** | Gymnastics  Invasion Games | Net and wall games  Invasion games | Gymnastics  Dance | Net and wall games  Dance | OAA  Striking and fielding games | Athletics  Target games |

Each year group to have 2x Gynastics, 2x Dance, 2x Invasion Games, 2x Net and wall games, Striking and feilding, Target games, 2x Athletics (KS2 OAA and Y4 Swimming)