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|  | Content Coverage  Person of Interest & Visit/Visitor | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Nursery | Marvellous me/ feelings and friendships | Anti-bullying, safer stranger and diversity  Responsibility | CHIPS/ mindfulness  Extending friendships  (new starters) | Healthy lifestyle | Conflict resolution | Setting Goals  Communicating to solve conflict  Transition |
| Reception | Good to be me/ Feelings | Anti-bullying, safer stranger and diversity | CHIPS/ mindfulness  How can I help? | Negotiating  What makes me happy? | Philosophy for Children  How do I stay happy? | Setting Goals  Transition |
| Year 1 | The caring school and feelings and friendships | Special people and anti-bullying | Healthy eating and hygiene | Physical health and well-being | Growing and changing | Keeping myself safe/ The world of drugs |
| Year 2 | The caring school | Feelings and relationships | Healthy lifestyles | Growing and changing | Keeping myself safe | The world of drugs |
| Year 3 | The caring school and feelings, friends and friendships | Relationships, loss and separation | Choices, emotions and difference | My healthy body, taking responsibility for my healthy lifestyle | Keeping myself safe | The world of drugs |
| Year 4 | The caring school and feelings, friends and friendships | Respecting the difference between people | My healthy body | Caring for my body | Keeping myself safe | The world of drugs |
| Year 5 | The caring school and bullying, pressure and risks | Me and my relationships | Healthy lifestyles | Healthy lifestyles | Growing up – relationships and responsibilities of puberty | The world of drugs |
| Year 6 | The caring school and growing up | Emotions and transition to secondary school | Growing up and responsibilities | Growing up and responsibilities | Rollercoaster: the ups and downs of puberty | The world of drugs and keeping safe online.  Sex education \* |